

AUSTRALIAN AIR LEAGUE INC

ABN: 56 805 308 832

NEW SOUTH WALES BOYS GROUP PHYSICAL ACTIVITIES

**Group Physical
Activities
Commissioner:**
Gp. Comm. Trent Aylward

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N/PA/C/02/16



2016 ATHLETICS CARNIVAL

SUNDAY 30TH OCTOBER 2016

**Crest Sporting Complex
McLean Street
Bass Hill**

AUSTRALIAN AIR LEAGUE

2016 New South Wales Boys Group Athletics Carnival

The annual athletics carnival is on again!! With all reviews for the year over, this is a great opportunity to attend the athletics carnival, without the pressure of having to prepare for other air league events.

If your squadron has not attended the athletics carnival in recent years, you are more than welcome to attend – we look forward to seeing you, your members and parents there!

If your squadron is intending to complete, please complete and forward the **Intention to Complete form on page 5**.

This is a *fun* carnival – a great opportunity to have some fun and socialize with other members of the Group.

DETAILS AS FOLLOWS:

Date: Sunday 30 October, 2016

Schedule:	0930 hours	Judges Briefing
	0945 hours	Team captains briefing
	0950 hours	First event commences (sharp!)

Venue: Crest Sporting Complex

McLean Street
Bass Hill



1.0 Qualifications for Competitors

- 1.1 **All competitors MUST be current financial members except for events for parents or committee members**
- 1.2 All age events are for the age you are **on the day** – i.e. 30 October 2016. We rely on teams' honesty and sense of fair play when entering competitors in events. The chief judge on the day however has the right to ask for proof age where deemed necessary.

2.0 Events

2.1 Track

2.1.1 **50, 100 and 200 Metre Races**

- 2.1.1.1 All races are age events – squadrons may enter any number of competitors.
- 2.1.1.2 All members must compete within their age group – competitors may not compete in events higher than their age group
- 2.1.1.3 Open events are for members 17 years and over **ONLY**.

2.1.2 **400 and 800 Metre Races**

- 2.1.2.1 All races are grouped age events – squadrons may enter a maximum of **two (2) members per event**
- 2.1.2.2 Members may compete in events higher than their age – however all competitors are only allowed to compete in one 400 metre race and one 800 metre race in total.

2.1.3 **Relays**

- 2.1.3.1 Relay teams may be composite squadrons – points where earned will be split evenly between squadrons, regardless of the number of competitors a squadron contributes to the relay team.
- 2.1.3.2 Competitors may compete in older age relays, however all competitors are only allowed to compete in one relay in total.

2.2 Field

2.2.1 **Long Jump**

- 2.2.1.1 Squadrons may enter a maximum of **two (2) members per event**.
- 2.2.1.2 Competitors may compete in older age events, however all competitors are only allowed to compete in one event in total.

2.2.3 **High Jump**

- 2.2.3.1 Squadrons may enter a maximum of **two (2) members per event**.
- 2.2.3.2 Competitors may compete in older age events, however all competitors are only allowed to compete in one event in total.

2.3 Tug-O-War

2.3.1 Teams consist of six **UNIFORMED** (i.e. no parents/committee members).

2.3.2 Teams must consist of the following age groups:

Two 8 - 13 years

Two 14- 16 years

Two 17 + years

2.3.3 **No aids allowed for this event** – eg boots, gloves or belts, or other accessories/clothing which the Tug-O-War judge deems to be inappropriate.

ANY QUESTIONS REGARDING THIS COMPETITION ARE TO BE REFERRED TO THE GROUP PA COMMR, PRIOR TO THE EVENT. NO EXCEPTIONS. Any teams found to be in breach of the rules for this competition will be DISQUALIFIED.

3.0 Point Scores

3.1 Heats will be held, where necessary, for each track event. The six fastest times *overall* will be awarded points.

3.2 Points will be awarded as follows for each event (track, field and tug-o-war):

1st	10 points	2nd	8 points	3rd	6 points
4th	4 points	5th	2 points	6th	1 point

4.0 Volunteers

4.1 Volunteers are required for officials, judges and timekeepers. Parents, officers and other adults are welcomed to volunteer. If you are able to help then please contact the Group Physical Activities Commissioner, Trent Aylward (0413-027-287 or pa.nswbg@airleague.com).

4.2 It is expected that all competing squadrons will be able to provide at least **one (1)** official.

5.0 Judging

5.1 All competitors must respect the decisions of the judges or officials nominated for each event.

5.2 Please remember this is a fun carnival, and trivial disputes and objections are not welcome. If you do have a bona fide complaint, objection or appeal, only the nominated team captains may do so, and this must be given to the chief judge **ONLY**. All appeals must be lodged **BEFORE** final placing for the day is given.

5.3 **The Chief Judge's decision is FINAL.** ie NSWBG PA Comr.

6.0 Miscellaneous

- 6.1 **Spikes.** Spikes may be worn on the day but **ARE NOT** to be worn between events. IE they must be put on at the start of an event/heat and taken off at the end before leaving the track.
- 6.2 **Events Subject to Change.** Due to circumstances as they arise on the day, or due to the number of competitors or lack thereof for an event, the order of events and the number of entires allowed per squadron for an event are subject to change. Events may be cancelled where necessary due to time constraints or lack of competitors.
- 6.3 **Canteen.** A canteen will be operating on the day. No Squadron is to sell foodstuffs or drinks.
- 6.4 **Enquiries.** If you have any enquiries, or would like to volunteer your services on the day, please contact the Group Physical Activities Commissioner by phone (0413-027-287) or email (pa.nswbg@airleague.com.au)

7.0 Pre-Competition Registration

- 7.1 Units intending to compete are asked to return the registration form below to the Group Physical Activities Comr. by 20 **October 2015**. Registration Forms can be returned by one of the following means:

Mail

16 Monash Rd
Blacktown NSW
2148

Email:

Email your intention to compete using the details below to:
pa.nswbg@airleague.com.au

Via your Wing OC

Return the form via your Wing OC with your Group paperwork

Gp. Comm.. Trent Aylward
Group Physical Activities Commissioner
New South Wales Boys Group
8 Oct 2016



AUSTRALIAN AIR LEAGUE

New South Wales Boys Group Athletics Carnival - 30 October 2016

Intention to Compete – Return by 25 October 2016

Squadron: _____

Volunteer Details:

Name

Phone Number

Email

_____	_____	_____
_____	_____	_____
_____	_____	_____

Signature: _____ **Date** _____

2016
AUSTRALIAN AIR LEAGUE
New South Wales Boys Group Athletics Carnival
PROGRAM

Track and Field Events will be held simultaneously. Competitors are expected to be on time for events.

Event No	Age Group	Event	Event No	Age Group	Event
TRACK (see section 2.1 for rules)			LONG JUMP (see section 2.2.1 for rules)		
1	8 years	50 metres	32	16 + years	Long Jump
2	9 years	50 metres	33	12-15 years	Long Jump
3	10 years	50 metres	34	8 – 11 years	Long Jump
4	11 years	100 metres			
5	12 years	100 metres	HIGH JUMP (see section 2.2.3 for rules)		
6	13 years	100 metres	35	16 + years	High Jump
7	14 years	100 metres	36	15-16 years	High Jump
8	15 years	100 metres	37	12-14 years	High Jump
9	16 years	100 metres	38	8-11years	High Jump
10	Open	100 metres	TUG –O- WAR (see 2.3.1)		
11	45 years +	100 metres	39	All	
12	8 years	200 metres			
13	9 years	200 metres	TUG-O- WAR		
14	10 years	200 metres			
15	11 years	200 metres	40	Parents Committee	
16	12 years	200 metres			
17	13 years	200 metres			
18	14 years	200 metres			
19	15 years	200 metres			
20	16 years	200 metres			
21	Open	200 metres			
22	8 – 9 years	400 metres			
22a	10-11 years	400 metres			
23	12 – 13 years	400 metres			
23a	14-15 years	400 metres			
24	16 years +	400 metres			
25	8 – 9 years	800 metres			
25a	10-11 years	800 metres			
26	12 – 13 years	800 metres			
26a	14 - 15 years	800 metres			
27	16 years +	800 metres			
RELAYS (see section 2.1.3 for rules)					
28	8 – 11 years	4 X 100 metre			
29	12 – 15 years	4 X 100 metre			
30	16 years +	4 X 100 metre			

